



Crowcombe and Stogumber Church of England Primary Schools

Physical Education, School Sport and Physical Activity (PESSPA) Curriculum Policy

*Take hold of instruction, do not let go. Guard her, for she is your
life. (Proverbs 4:13)*

Review Cycle	Date of Current Policy	Author(s) of Current Policy	Review Date
Annual	January 2024	Gary Brown	September 2024

Ratification

Role	Name	Signature	Date
Head Teacher	Kate Lewis	Kate Lewis	January 2024

Curriculum Intent

At Crowcombe and Stogumber Schools, our Physical Education curriculum is deeply rooted in our school's ethos: 'Together, let us Love, Encourage, Achieve and Flourish'. We aim to instil a lifelong passion for physical activity, promoting physical literacy and a broad understanding of sports and physical activities as essential components of a healthy lifestyle. Our curriculum is designed to leverage the unique features of our locality, providing a rich and varied programme that nurtures love, dedication, and enthusiasm for physical activity. This approach aligns with the UK National Curriculum for PE at KS1 and KS2, ensuring our pupils develop the competence to excel in a wide range of physical activities, engage in sustained physical activity and participate in competitive sports.

Curriculum Implementation

By offering a wide range of experiences, we aim for children to recognise that sports and physical activities encompass a variety of forms.

Skills will be nurtured via a structured progression, with our teaching methods tailored to the individual developmental stages of each child, rather than strictly their age. This approach is complemented by The PE Hub programme, ensuring a comprehensive and inclusive physical education.

- Invasion Games
- Striking & Fielding
- Net & Wall Games
- Athletics
- Swimming
- Dance
- Gymnastics
- Outdoor Adventurous Activities

We understand that Physical Education extends beyond traditional PE lessons to include school sport and physical activity, playing a crucial role in our pupils' development. Therefore, our commitment lies in delivering high-quality Physical Education, School Sport, and Physical Activity (PESSPA) across our schools, ensuring a holistic approach to physical well-being. Our dedicated staff proactively seek out opportunities for enriching experiences within our school, the wider community, and the beautiful local environment. We place a strong emphasis on competitive play and regular physical activity, ensuring these experiences contribute to the overall well-being of our students. The curriculum is designed to be inclusive and adaptable, we are working towards providing a wide range of enrichment opportunities through clubs and excursions to expose pupils to positive sporting role models.

Curriculum Impact

The impact of our PE curriculum is far-reaching, extending beyond the acquisition of physical skills to nurture social competencies, resilience, respect, and leadership qualities. Our comprehensive programme ensures that all pupils are encouraged to lead healthy, active lives, in line with our school motto. By participating in a diverse range of physical activities, pupils develop a robust understanding of the importance of physical health in achieving overall well-being. This holistic approach to physical education ensures that our pupils not only achieve but also flourish, embodying the values of love, encouragement, achievement and flourishing in every aspect of their lives. Through our commitment to providing a dynamic and inclusive PE curriculum, we empower our pupils to achieve excellence in physical education and lay the foundation for a lifetime of active and healthy living.

Parental Involvement

We encourage parents and carers to be involved in their child's PESSPA by:

- Inviting them into school twice a year to discuss the progress of their child.
- Providing parents with an interim report and a yearly report outlining their child's achievements.
- Facilitating parent forums to gain feedback on PESSPA provision and find ways to improve.

Monitoring and Review

The work undertaken will be monitored and evaluated by the curriculum leader with responsibility for Physical Education. This will be in line with the school's monitoring and evaluation practice e.g. sampling teacher's planning, discussion with children and observations/learning walks.

The work of the subject leader includes supporting colleagues in the teaching of physical education, keeping up to date with current developments as well as providing a strategic lead and direction for the subject.

All teaching staff are also provided with CPD support from an external PE provider to ensure the confidence and competence of all staff to deliver high-quality PE.