

Our PSHRE Curriculum Offer

At Crowcombe and Stogumber Primary Schools we provide a whole school PSHRE curriculum that builds foundations of health and wellbeing; providing crucial skills and positive attitudes to enable children to achieve their potential, academically and socially. We want our children to develop and deepen their personal, social and emotional skills in ways that are tailored to their age group, whilst also expanding on their previous knowledge as they progress through the school. Our intention is for our children to learn about themselves as developing individuals and as members of their communities, building on their own experiences and experiences of others, and through our school Christian values of Generosity, Optimism, Determination, Curiosity and Courage.

We provide a safe space for the children to learn PSHRE, providing them with the ability to make safe and informed choices, taking responsibility for their actions, respecting and valuing difference and being the best that they can be. Children will learn to show acceptance of others regardless of their background, religion, race, gender or sexuality, and develop their understanding of others.

As they progress further up the school into upper KS2 we provide effective sex and relationship education, to enable the children to make responsible and well informed decisions about their lives, to help and support them through their physical, emotional and moral development. It is our aim to help our pupils to learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

At Crowcombe and Stogumber Primary Schools we follow the SCARF PSHRE program, which is a whole school approach that provides a scheme of learning from the Early Years Foundation Stage through to, and including, Year 6.

SCARF, standing for Safety, Caring, Achievement, Resilience and Friendship is mapped to the PSHRE Association programmes of study. It is centred on a values based, 'Growth Mindset' approach and is divided into six half termly units. The units are:

- Being my Best,
- Me and my Relationships,
- Keeping Myself Safe,
- Valuing Difference,
- Growing and Changing,
- Rights and Responsibilities.

The units are taught through a spiral curriculum, being explored in greater depth and resources being tailored to each age group. Every teacher has access to SCARF online resources, which include lesson plans and additional resources to enable them to personalise the curriculum to individual pupil need. This is including additional resources for issues that may arise through classroom discussions.

To enhance our provision, we embed *half-termly units from the 'No Outsiders' scheme*, which promote equality, diversity, and acceptance, ensuring every child feels valued and included within our school community.

In addition, we deliver focused lessons on wellbeing using *KAPOW Primary* resources. These lessons equip pupils with the knowledge, skills, and strategies they need to understand and manage their emotions, build resilience, and maintain positive mental health.

Together, these elements ensure our PSHRE curriculum nurtures confident, respectful, and compassionate learners who are well-prepared for life in modern Britain.

Generosity

Optimism

Determination

Curiosity

Courage